



FORT BEND COUNTY

COVID-19 Order Guidelines



KP ★ GEORGE
FORT BEND COUNTY JUDGE

WHEN GETTING ESSENTIALS:



WASH YOUR HANDS FOR AT LEAST 20 SECONDS BEFORE AND AFTER LEAVING THE HOUSE.

SHOPPING FOR A HOUSEHOLD SHOULD BE DONE BY ONE PERSON TO PREVENT SPREAD.

DON'T TOUCH YOUR FACE. IT'S ALLERGY SEASON, SO KEEP TISSUES NEARBY TO USE INSTEAD OF HANDS.

STAY A SAFE SIX FEET AWAY FROM PEOPLE OUTSIDE YOUR HOME TO SLOW THE SPREAD.



ACTIVITIES TO DO



GO OUTSIDE EVERY DAY! TAKE A WALK AROUND THE NEIGHBORHOOD, GO FOR A RUN, RIDE YOUR BIKE.

GET MOVING! FIND FREE HOME WORKOUTS ONLINE, JUMP ROPE, PLAY WITH YOUR PETS.

TRY TO GET SOME SUN EVERYDAY. EVEN ON RAINY DAYS, LOOK FOR A BREAK TO GET OUTSIDE.

STAY A SAFE SIX FEET AWAY FROM PEOPLE OUTSIDE YOUR HOME TO SLOW THE SPREAD.



RESTAURANTS



RESTAURANTS, BARS AND FOOD COURTS COULD SPREAD THE VIRUS QUICKLY TO A LOT OF PEOPLE.

SUPPORT THESE BUSINESSES BY DOING DRIVE-THRU, PICKUP, OR DELIVERY FOR FOOD AND DRINKS.

BUY GIFT CARDS



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LOCATIONS OF INTEREST



WORK OUT AT HOME BECAUSE GYMS & EXERCISE STUDIOS CAN SPREAD THE VIRUS QUICKLY

HAIR SALONS, MANICURE, COSMETOLOGY SALONS, TATTOO OR PIERCING STUDIOS ALLOW FOR CLOSE PHYSICAL TRANSMISSION OF THE VIRUS.

YOU CAN SUPPORT THESE SMALL BUSINESSES BY MAINTAINING MEMBERSHIP OR BUYING GIFT CERTIFICATES TO USE WHEN WE'RE BACK TO NORMAL LIFE.



PROTECT THOSE WHO ARE MOST AT RISK



LONG-TERM CARE FACILITIES LIKE NURSING HOMES OR ASSISTED LIVING FACILITIES ARE CLOSED TO VISITORS

IF YOU KNOW SOMEONE AT THESE FACILITIES, CALL THEM ON THE PHONE OR USE VIDEO CHAT LIKE FACETIME, ZOOM AND SKYPE TO STAY CONNECTED



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RECAP



SHOP AT GROCERY STORES AND PHARMACIES;
USE CURBSIDE AND HOME DELIVERY.

TAKE CARE OF NECESSARY HEALTH CARE OR
MEDICAL NEEDS. ASK FOR HELP WHEN NEEDED.

VISIT PARKS AND TRAILS (DON'T USE WATER
FOUNTAINS, PLAYGROUNDS, OR EXERCISE
EQUIPMENT).

SUPPORT RESTAURANTS! GET DRIVE THROUGH
OR PICK UP SOME GOOD FOOD.

