

***The following resources below are provided for the general public use, and information that is shared is not endorsed by BHS.***

**\*\*\*Dial 911 for EMERGENCIES\*\*\***

***Needing Immediate Assistance***

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| **Name**  | **Phone Number/Address** | **Link** | **Description** |
| **Fort Bend County Sheriff’s Office- CIT****Crisis Intervention Team** | Dial 911; ask for a CIT Officer  | https://www.fortbendcountytx.gov/government/departments/sheriff-s-office/chief-deputy/crisis-intervention-team-cit | A specialized unit formed within the Fort Bend County Sheriff’s Office to assist in crisis, ensure safety, and connect individuals with needed mental health services. CIT also provides follow up checks when necessary to prevent further crisis and to assist in recovery. |
| **SAMHSA Disaster Distress Helpline** | 1-800-985-5990 or text TalkWithUs to 66746 | <https://www.samhsa.gov/find-help/disaster-distress-helpline>  | 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters  |
| **National Suicide Prevention Hotline** | 1-800-273-8255/ 1-800-273-TALK | <https://suicidepreventionlifeline.org/>  | Provides free, confidential support for people in distress 24/7, also gives resources for prevention and crisis intervention for loved ones |
| **National Human Trafficking Hotline** | 1-888-373-7888 | <https://humantraffickinghotline.org/> | Connects victims/ survivors of human trafficking to services to get safe |
| **National Domestic Violence Hotline** | 1-800-799-7233/ text LOVEIS to 22522 | <https://www.thehotline.org/> | Connects victims of abuse to needed services, aids loved ones to help get others out of situations |
| **Department of Children and Family Services**(Report suspected child or elder abuse) | **1-800-252-5400** | <https://www.dfps.state.tx.us/contact_us/report_abuse.asp>  | If there is reasonable cause to believe a child, or person 65 years or older, or an adult with disabilities is being abused, neglected, or exploited, call the number.  |

***Needing Assistance***

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| **Name**  | **Phone Number/Address** | **Link** | **Description** |
| **Behavioral Health** |
| **AccessHealth**  | Richmond: 281-342-4530Missouri City: 281-969-1800Stafford: 281-261-0182 | <https://www.myaccesshealth.org/> | Provides affordable, discounted healthcare services (accepts Medicaid, Medicare, CHIP, and Private insurances); 5 Clinics/ Locations Across Fort Bend County. |
| **Texana** | 281-239-1300Crisis Hotline: 1-800-633-5686 | <https://www.texanacenter.com/> | Provides an Extended Observation Unit and Crisis Residential Unit for adults who are low income, uninsured, or Medicaid holders; only accessed by calling the crisis hotline first |
| **Counseling Resources** |
| **Catholic Charities Counseling Services** | Mamie George Community Center (make appt) Phone: 281-202-6200 Main Phone: 713-526-4611 (8AM to 5PM Weekdays) | <https://catholiccharities.org/>  | Provides many healthcare services, including food relief, shelter, free activities like exercise and arts and crafts, immigration services, disaster recovery, parenting, counseling, and education |
| **Houston Galveston Institute** | 713-526-8390 | <https://hgicounseling.org/> | Offers counseling services to people of all needs, includes phone and video services, bilingual therapists available as well |
| **COVID-19 Resources** |
| **COVID-19 24/7 Mental Health Support Line** | 833-986-1919 | <https://theharriscenter.org/COVID-19-Support-Line-and-Resources>  | The Harris Center is operating the 24/7 statewide COVID-19 mental health support line launched by Texas Health and Human Services. The support line offers trauma-informed support and psychological first aid to those experiencing stress and anxiety related to COVID-19. |
| **Fort Bend County COVID-19 Website** | 281-633-7795Call Center  | <https://fort-bend-covid-19-response-fbc-hhs.hub.arcgis.com/> | Hub for COVID-19 information, with a dashboard for cases, School Guidelines, Masking Guidelines, Travel advisories, and Vaccination locations |
| **Fort Bend County Call Center** | 281-633-7795*Vaccination Hotline:* 832-471-1373 | [Fort Bend COVID-19 Response (arcgis.com)](https://fort-bend-covid-19-response-fbc-hhs.hub.arcgis.com/) | Call to ask about COVID-19, call to schedule COVID-19 testing appointments (symptoms or no symptoms) |
| **COVID Emergency Rental Assistance Program** | 281-238-2273 | <https://fortbend-era.powerappsportals.us/tenant/>  | The County has established a new ERA program to provide assistance to eligible households. If you are a Fort Bend County resident and meet income eligibility requirements, you are encouraged to apply. It will provide rent and/or utility assistance for up to 12 months or until funds are exhausted.  |
| **Fort Bend County Resources**  |
| **Fort Bend Crisis Intervention Team Non-Emergency Number** | 281-341-4665 and ask for CIT | <https://www.fortbendcountytx.gov/government/departments/behavioral-health-services/behavioral-health-programs/crisis-intervention-team>  | A specialized unit formed within the Fort Bend County Sheriff’s Office to assist in crisis, ensure safety, and connect individuals with needed mental health services. CIT also provides follow up checks when necessary to prevent further crisis and to assist in recovery. |
| **Fort Bend Public Transportation Services- Transit** | To schedule a ride call: 281-633-RIDE (Monday- Friday) or 1-866-751-TRIP | <https://www.fortbendcountytx.gov/government/departments/public-transportation/services/demand-response-service>  | FBC offers scheduled, shared bus rides for residents, to and from any location within Fort Bend County. Commuter services are also available to the Texas Medical Center, Greenway Plaza, and the Galleria from Fort Bend.  |
| **Fort Bend Department Social Services** | Rosenberg Location: 281-342-3502Missouri City Annex: 281-403-8050Katy Location: 281-238-1412 | <https://www.fortbendcountytx.gov/government/departments/county-administration/public-transportation> | Offers assistance with emergency food, transitional supportive housing, medication, unmet emergency needs, utilities, rent/ mortgage, emergency shelter, benefits, case management, and burials |
| **Fort Bend County Health and Human Services** | 281-341-6624 | <https://www.fortbendcountytx.gov/government/departments/health-and-human-services>  | Offers aid in natural disasters, deals with public health crises (specifically COVID-19 as of now), public health protection (general vaccines), animal regulations, and short term financial relief in response to disasters |



