The following resources below are provided for the general public use, and information that is shared is not endorsed by BHS.

***Dial 911 for EMERGENCIES***

### Needing Immediate Assistance

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number/Address</th>
<th>Link</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fort Bend County Sheriff’s Office- CIT Crisis Intervention Team</td>
<td>Dial 911; ask for a CIT Officer</td>
<td><a href="https://www.fortbendcountytx.gov/vernment/departments/sheriff-s-office/chief-deputy/crisis-intervention-team-cit">https://www.fortbendcountytx.gov/vernment/departments/sheriff-s-office/chief-deputy/crisis-intervention-team-cit</a></td>
<td>A specialized unit formed within the Fort Bend County Sheriff’s Office to assist in crisis, ensure safety, and connect individuals with needed mental health services. CIT also provides follow up checks when necessary to prevent further crisis and to assist in recovery.</td>
</tr>
<tr>
<td>SAMHSA Disaster Distress Helpline</td>
<td>1-800-985-5990 or text TalkWithUs to 66746</td>
<td><a href="https://www.samhsa.gov/find-help/disaster-distress-helpline">https://www.samhsa.gov/find-help/disaster-distress-helpline</a></td>
<td>24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters</td>
</tr>
<tr>
<td>National Suicide Prevention Hotline</td>
<td>1-800-273-8255/ 1-800-273-TALK</td>
<td><a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a></td>
<td>Provides free, confidential support for people in distress 24/7, also gives resources for prevention and crisis intervention for loved ones</td>
</tr>
<tr>
<td>National Human Trafficking Hotline</td>
<td>1-888-373-7888</td>
<td><a href="https://humantraffickinghotline.org/">https://humantraffickinghotline.org/</a></td>
<td>Connects victims/ survivors of human trafficking to services to get safe</td>
</tr>
<tr>
<td>National Domestic Violence Hotline</td>
<td>1-800-799-7233/ text LOVEIS to 22522</td>
<td><a href="https://www.thehotline.org/">https://www.thehotline.org/</a></td>
<td>Connects victims of abuse to needed services, aids loved ones to help get others out of situations</td>
</tr>
<tr>
<td>Department of Children and Family Services (Report suspected child or elder abuse)</td>
<td>1-800-252-5400</td>
<td><a href="https://www.dfps.state.tx.us/contact_us/report_abuse.asp">https://www.dfps.state.tx.us/contact_us/report_abuse.asp</a></td>
<td>If there is reasonable cause to believe a child, or person 65 years or older, or an adult with disabilities is being abused, neglected, or exploited, call the number.</td>
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</tbody>
</table>
# Needing Assistance

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<th>Name</th>
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<tr>
<td><strong>Behavioral Health</strong></td>
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<tr>
<td>AccessHealth</td>
<td>Richmond: 281-342-4530</td>
<td><a href="https://www.myaccesshealth.org/">https://www.myaccesshealth.org/</a></td>
<td>Provides affordable, discounted healthcare services (accepts Medicaid, Medicare, CHIP, and Private insurances); 5 Clinics/ Locations Across Fort Bend County.</td>
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<td>Missouri City: 281-969-1800</td>
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<td></td>
<td>Stafford: 281-261-0182</td>
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<tr>
<td>Texana</td>
<td>281-239-1300</td>
<td><a href="https://www.texanacenter.com/">https://www.texanacenter.com/</a></td>
<td>Provides an Extended Observation Unit and Crisis Residential Unit for adults who are low income, uninsured, or Medicaid holders; only accessed by calling the crisis hotline first.</td>
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<tr>
<td></td>
<td>Crisis Hotline: 1-800-633-5686</td>
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<tr>
<td><strong>Counseling Resources</strong></td>
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<tr>
<td>Catholic Charities</td>
<td>Mamie George Community Center (make appt) Phone: 281-202-620</td>
<td><a href="https://catholiccharities.org/">https://catholiccharities.org/</a></td>
<td>Provides many healthcare services, including food relief, shelter, free activities like exercise and arts and crafts, immigration services, disaster recovery, parenting, counseling, and education.</td>
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<tr>
<td>Counseling Services</td>
<td>Main Phone: 713-526-4611 (8AM to 5PM Weekdays)</td>
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<tr>
<td>Houston Galveston</td>
<td>713-526-8390</td>
<td><a href="https://hgicounseling.org/">https://hgicounseling.org/</a></td>
<td>Offers counseling services to people of all needs, includes phone and video services, bilingual therapists available as well</td>
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<tr>
<td>Institute</td>
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<tr>
<td><strong>COVID-19 Resources</strong></td>
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<tr>
<td>COVID-19 Website</td>
<td>Call Center</td>
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<tr>
<td>Fort Bend County</td>
<td>281-633-7795</td>
<td>Fort Bend COVID-19 Response (arcgis.com)</td>
<td>Call to ask about COVID-19, call to schedule COVID-19 testing appointments (symptoms or no symptoms)</td>
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<tr>
<td>Call Center</td>
<td>Vaccination Hotline: 832-471-1373</td>
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<tr>
<td>COVID Emergency Rental Assistance Program</td>
<td>281-238-2273</td>
<td><a href="https://fortbend-era.powerappsportals.us/tenant/">https://fortbend-era.powerappsportals.us/tenant/</a></td>
<td>The County has established a new ERA program to provide assistance to eligible households. If you are a Fort Bend County resident and meet income eligibility requirements, you are encouraged to apply. It will provide rent and/or utility assistance for up to 12 months or until funds are exhausted.</td>
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<tr>
<td><strong>Fort Bend County Resources</strong></td>
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<tr>
<td><strong>Fort Bend Crisis Intervention Team Non-Emergency Number</strong></td>
<td>281-341-4665 and ask for CIT</td>
<td><a href="https://www.fortbendcountytx.gov/government/departments/behavioral-health-services/behavioral-health-programs/crisis-intervention-team">https://www.fortbendcountytx.gov/government/departments/behavioral-health-services/behavioral-health-programs/crisis-intervention-team</a></td>
<td>A specialized unit formed within the Fort Bend County Sheriff’s Office to assist in crisis, ensure safety, and connect individuals with needed mental health services. CIT also provides follow up checks when necessary to prevent further crisis and to assist in recovery.</td>
</tr>
<tr>
<td><strong>Fort Bend Public Transportation Services- Transit</strong></td>
<td>To schedule a ride call: 281-633-RIDE (Monday- Friday) or 1-866-751-TRIP</td>
<td><a href="https://www.fortbendcountytx.gov/government/departments/public-transportation/services/demand-response-service">https://www.fortbendcountytx.gov/government/departments/public-transportation/services/demand-response-service</a></td>
<td>FBC offers scheduled, shared bus rides for residents, to and from any location within Fort Bend County. Commuter services are also available to the Texas Medical Center, Greenway Plaza, and the Galleria from Fort Bend.</td>
</tr>
<tr>
<td><strong>Fort Bend Department Social Services</strong></td>
<td>Rosenberg Location: 281-342-3502 Missouri City Annex: 281-403-8050 Katy Location: 281-238-1412</td>
<td><a href="https://www.fortbendcountytx.gov/government/departments/county-administration/public-transportation">https://www.fortbendcountytx.gov/government/departments/county-administration/public-transportation</a></td>
<td>Offers assistance with emergency food, transitional supportive housing, medication, unmet emergency needs, utilities, rent/ mortgage, emergency shelter, benefits, case management, and burials</td>
</tr>
<tr>
<td><strong>Fort Bend County Health and Human Services</strong></td>
<td>281-341-6624</td>
<td><a href="https://www.fortbendcountytx.gov/government/departments/health-and-human-services">https://www.fortbendcountytx.gov/government/departments/health-and-human-services</a></td>
<td>Offers aid in natural disasters, deals with public health crises (specifically COVID-19 as of now), public health protection (general vaccines), animal regulations, and short term financial relief in response to disasters</td>
</tr>
</tbody>
</table>
ABUSE (Children, Disabled, Elderly)
- Abuse Hotline: (281) 342-8651 or 1-800-252-5400

ADOPTION
- Catholic Charities Adoption & Foster Care Program: (281) 645-5862
- DePelchin Children’s Center: (713) 881-8116

SPANISH CHILDREN’S CENTER
- DePelchin Children’s Center: (713) 730-2335

DAY CARE
- Collaborative for Children: (713) 600-1168
- Baker-Ripley, Inc. (Children): (832) 759-5228

DISASTER
- American Red Cross: (281) 442-9400
- United Way of Greater Houston: (832) 526-6200

EDUCATION
- Baker-Ripley - Early Head Start/Head Start Program (Stafford): (832) 759-5228
- Literacy Council of Fort Bend County: (281) 442-6161

EMPLOYMENT/THREE SERVICES
- Experience Works: (281) 544-0719
- Family Houston: (713) 207-2000
- SIR Jobs for Progress: (281) 207-2000
- Work Source/Cliff Coast Career Centers: (281) 442-6279

FINANCIAL AND EMERGENCY ASSISTANCE
- Catholic Charities Basic Needs Program: (281) 202-6200
- Career & Recovery Resources: (713) 754-7094
- Fort Bend County Social Services: (281) 342-7200
- Richmond: (281) 403-8660
- Fort Bend Community Action Council: (281) 342-3612
- Rosenberg-Richmond Helping Hands (West Ht. Bend only): (281) 341-7536
- Second Mile Mission Center (all of Fort Bend): (281) 261-9199
- Social Security Administration: (800) 772-1213
- Texas Department of Human Services: (281) 342-6651
- The Salvation Army: (281) 207-1500 / (281) 207-2520
- Windsor Village United Methodist: (713) 551-8792

HEALTH CARE SERVICES
- Access Health: (281) 342-4830
- Children’s Health Insurance (CHIP): (281) 342-6434
- Fort Bend County Indigent Health Care: (281) 342-6434
- Second Mile Mission Center: (281) 261-9199

HOUSING
- City of Rosenberg - Public Housing Authority: (281) 342-1456

HOME REPAIRS
- Texas Trailways: (832) 647-4779
- Fort Bend Corps: (281) 677-7416
- Fort Bend Habitat for Humanity: (281) 408-0708

LEGAL SERVICES
- Catholic Charities - Cabrini Legal Immigration Center: (281) 645-5862
- Dispute Resolution Center: (713) 755-8274
- Fort Bend Lawyers Care: (281) 238-0807
- Lone Star Legal Aid: (713) 732-9077

MEDICAL SPECIAL NEEDS
- Extracare's Greater Houston: (281) 207-2520
- National AIDS Hotline: (1-800) 448-4488
- STD Hotline (Sexually Transmitted Diseases): (1-800) 222-1222
- Teacare Partnership: (832) 542-0237

MENTAL HEALTH SERVICES
- Catholic Charities - Counseling Services: (281) 645-5862
- DePelchin Children’s Center: (713) 730-2335
- Family Houston: (713) 861-9430
- Houston Galveston Institute: (713) 526-6390
- Texas Regional Mental Health: (281) 342-6394
- (1-800) 633-5666

PARENTING CLASS
- DePelchin Children’s Center: (713) 730-2335

PREGNANCY RELATED
- Catholic Charities Pregnancy & Parenting Program: (281) 645-5862
- DePelchin Children’s Center: (713) 342-7299
- Pregnancy Resource Center: (281) 232-2371
- University of Texas Medical Branch: (281) 499-3004
- Women’s Center’s Nutritional Program (WIC): (281) 261-4660

SHELTER
- Fort Bend County Women’s Center (Domestic Violence): (281) 342-8147
- Fort Bend Family Promise: (281) 403-3912

SENIOR SERVICES
- Catholic Charities Mami George Community Center: (281) 392-3200
- Fort Bend Seniors on Wheels: (281) 653-7049
- Texas Department of Aging and Disability Services: (281) 234-1367

SUBSTANCE ABUSE
- Fort Bend Regional Council on Substance Abuse: (713) 207-2400

SUICIDE AND DEPRESSION
- Harris Center for Mental Health and IDD: (713) 970-7000

YOUTH SERVICES
- Big Brothers and Sisters of Fort Bend: (281) 207-2330
- Boys Scouts of America: (281) 207-2340
- Boys and Girls Club Fort Bend Unit: (281) 438-4720
- Girl Scouts San Jacinto Council: (281) 402-7466
- YMCA, Fort Bend: Missouri City: (281) 495-9622
- YMCA, Texas - Brook: Richmond: (281) 341-0791
- YMCA, Katy Family: (281) 392-5055

TRANSPORTATION
- American Red Cross: (713) 526-3200
- Fort Bend Transit: (832) 781-7856
SERVICIOS LEGALES (LEGAL SERVICES)
- Catholic Charities - Cabrini Legal Immigration Center ………………….. (713) 649-5862
- Dispute Resolution Center ......................................................... (713) 755-8274
- Fort Bend Lawyers Care .............................................................. (281) 259-0015
- Love Star Legal Aid ................................................................. (713) 652-0077

NECESSIDADES ESPECIALES MEDICALES (MEDICAL SPECIAL NEEDS)
- Easter Seal Greater Houston ......................................................... (281) 267-2520
- National AIDS Hotline .............................................................. (1-800) 347-2437
- National STD Hotline (Sexually Transmitted Disease) .................. (1-800) 227-8982
- Texas Care Partnership .............................................................. (1-800) 667-6536

SERVICIOS DE SALUD (MENTAL HEALTH SERVICES)
- Catholic Charities - Counseling Services .................................... (713) 649-5862
- DePelchin Children's Center ......................................................... (713) 730-1335
- Family Houston ................................................................. (713) 661-8489
- Houston Centerstone Institute .................................................. (713) 207-1231
- Taser Regional Mental Health ...................................................... (281) 242-5334 or (1-800) 623-5566

CLASES PARA PAREDES (PARENTING CLASS)
- DePelchin Children's Center ......................................................... (713) 730-1335

RELACIONADO AL EMBARAZO (PREGNANCY RELATED)
- Catholic Charities Pregnancy & Parenting Program ....................... (713) 552-7123
- DePelchin Children's Center ......................................................... (713) 552-7123
- Pregnancy Resource Center ..................................................... (281) 232-2375
- University of Texas Medical Branch ............................................. (281) 459-3004
- Women Infant Children's Nutritional Program (MIC) .................... (281) 261-1668

REFUGIO (SHELTER)
- Fort Bend County Women's Center (Domestic Violence) ............... (713) 242-4367
- Fort Bend Family Promise ........................................................... (281) 403-3923

SERVICIOS PARA PERSONAS DE EDAD AVANZADA (SENIOR SERVICES)
- Catholic Charities - Miami George Community Center ............... (281) 202-6240
- Fort Bend Senior Meals on Wheels ............................................. (281) 623-7049
- Texas Department of Aging and Disability Services ................. (281) 239-1363

ABUSO DE ALCOHOL Y DROGAS (SUBSTANCE ABUSE)
- Fort Bend Regional Council on Substance Abuse ......................... (281) 207-2400

SUICCIO Y DEPRESION (SUICIDE AND DEPRESSION)
- Harris Center for Mental Health and IDD ................................... (713) 970-7000

SERVICIOS DE JOVENES (YOUTH SERVICES)
- Big Brothers and Sisters of Fort Bend ........................................ (281) 207-2320
- Boy Scouts of America ............................................................ (281) 207-2340
- Boys and Girls Club Fort Bend Unit .......................................... (281) 438-4720
- Girl Scouts San Jacinto Council ................................................. (281) 403-4766
- YMCA, Fort Bend ................................................................. (281) 498-9622
- YMCA, T.W. Davis ............................................................... (281) 343-0791
- YMCA, Katy Family ............................................................... (281) 352-5065

TRANSPORATIOM (TRANSPORTATION)
- American Red Cross ................................................................. (713) 526-8300
- Fort Bend Transit ................................................................. (866) 751-TRIP