



## Fort Bend County Judge's Office & Behavioral Health Services

### Supporting Children's Mental Health Summit: Starting Early

8:30am-3:30 pm

Gus George Academy

8:00-8:30

Registration

8:30-9:00

Welcome and Introduction

#### *Overview of Children's Mental Health and the Importance of Starting Early*

- Fort Bend County Judge KP George
- Dr. Asim A. Shah , Executive Vice Chair and Professor of Psychiatry, Baylor College of Medicine, Chief of Psychiatry for Ben Taub Hospital/ Harris Health Systems.
- Dr. Connie Almeida, Director, Fort Bend County Behavioral Health Services

9:00-10:00

Early Intervention: Building Blocks for Healthy Development

#### *Texas Change in Minds Learning Collaborative: Early Brain Development*

- Donna Anderson, Fort Bend County Behavioral Health Services

#### *The Circle of Security Parenting Model: An Attachment-based Parenting Program*

- Ms. Neftali Cervantes, Senior Social Worker and Dr. Seema Jacob, Licensed Psychologist, Nurturing Resilience Initiative, UT Health Houston.

#### *Informed Parents*

- Nasruddin Rupani, Chairman Rupani Foundation

10:00-10:15

Break

10:15 -11:45

Trauma and Grief

#### *The Three T's of Trauma: Trajectory, Treatment, and Trust*

- Dr. Staci Grant, Postdoctoral Psychology Fellow, Nurturing Resilience Initiative, UT Health Houston.

#### *Making Meaning and Moving Forward: Recovering from Traumatic Grief in Youth*

- Dr. Leslie K. Taylor, Licensed Psychologist, UT Health Houston's Trauma & Resilience Center

- 11:45 - 12:00 Questions and Answers
- 12:00 – 12:30 LUNCH Provided - Thank you to our Sponsor “Rupani Foundation”
- 12:30- 1:00 **Judges Panel: Healing Trauma from the Bench**  
Facilitated by Dr. Sue Profilet, Child Development Specialist, Fort Bend County Behavioral Health Services
- **Judge Armatys**, 328<sup>th</sup> District Court
  - **Judge Millard**, Associate Judge, 328<sup>th</sup> Court
  - **Judge Rawlison**, Coastal Bend Children’s Court Judge for Fort Bend, Galveston, and Wharton counties
- 1:00 to 1:15 **Break**
- 1:15: 2:00 **Trust-Based Relational Intervention: Helping Children Build Positive Relationships**
- Shannan Stavinoha, LCCA, Executive Director, Parks Youth Ranch
- 2:00 – 2:30 **Diverting and Supporting Our “At Risk” Youth**
- **The Expose Excellence in Youth Program** – David Sincere, Lead Youth Community Outreach Supervisor, Fort Bend County Juvenile Probation
  - **SOURCE and FOCUS** – Dr. Almeida
- 2:30-3:15 **Preventable Negative Consequences of ADHD throughout the Lifespan**
- Dr. Cesar A. Soutullo, Vice Chair and Chief of Child and Adolescent Psychiatry, Director, ADHD Outpatient Program, UT Health Houston.
- 3:15-3:30 **Closing Remarks – Dr. Asim Shah**

Thank you