Fort Bend County Judge’s Office & Behavioral Health Services

Supporting Children’s Mental Health Summit: Starting Early

8:30am-3:30 pm
Gus George Academy

8:00-8:30 Registration

8:30-9:00 Welcome and Introduction

Overview of Children’s Mental Health and the Importance of Starting Early
- Fort Bend County Judge KP George
- Dr. Asim A. Shah, Executive Vice Chair and Professor of Psychiatry, Baylor College of Medicine, Chief of Psychiatry for Ben Taub Hospital/ Harris Health Systems.
- Dr. Connie Almeida, Director, Fort Bend County Behavioral Health Services

9:00-10:00 Early Intervention: Building Blocks for Healthy Development

Texas Change in Minds Learning Collaborative: Early Brain Development
- Donna Anderson, Fort Bend County Behavioral Health Services

The Circle of Security Parenting Model: An Attachment-based Parenting Program
- Ms. Neftali Cervantes, Senior Social Worker and Dr. Seema Jacob, Licensed Psychologist, Nurturing Resilience Initiative, UT Health Houston.

Informed Parents
- Nasruddin Rupani, Chairman Rupani Foundation

10:00-10:15 Break

10:15-11:45 Trauma and Grief

The Three T’s of Trauma: Trajectory, Treatment, and Trust
- Dr. Staci Grant, Postdoctoral Psychology Fellow, Nurturing Resilience Initiative, UT Health Houston.

Making Meaning and Moving Forward: Recovering from Traumatic Grief in Youth
- Dr. Leslie K. Taylor, Licensed Psychologist, UT Health Houston’s Trauma & Resilience Center
11:45 - 12:00  Questions and Answers

12:00 – 12:30  LUNCH Provided - Thank you to our Sponsor “Rupani Foundation”

12:30- 1:00  Judges Panel:  Healing Trauma from the Bench
Facilitated by Dr. Sue Profilet, Child Development Specialist, Fort Bend County Behavioral Health Services

- Judge Armatys, 328th District Court
- Judge Millard, Associate Judge, 328th Court
- Judge Rawlison, Coastal Bend Children’s Court Judge for Fort Bend, Galveston, and Wharton counties

1:00 to 1:15  Break

1:15: 2:00  Trust-Based Relational Intervention: Helping Children Build Positive Relationships

- Shannan Stavinoha, LCCA, Executive Director, Parks Youth Ranch

2:00 – 2:30  Diverting and Supporting Our “At Risk” Youth

- The Expose Excellence in Youth Program – David Sincere, Lead Youth Community Outreach Supervisor, Fort Bend County Juvenile Probation
- SOURCE and FOCUS – Dr. Almeida

2:30-3:15  Preventable Negative Consequences of ADHD throughout the Lifespan

- Dr. Cesar A. Soutullo, Vice Chair and Chief of Child and Adolescent Psychiatry, Director, ADHD Outpatient Program, UT Health Houston.

3:15-3:30  Closing Remarks – Dr. Asim Shah

Thank you