



Fort Bend County Behavioral Health Services



Grant Recipient

Texas Change in Mind Learning Collaborative

Behavioral Health Services has been selected as one of ten sites to participate in Social Current's Texas Change in Mind Learning Collaborative. The collaborative aims to infuse and align brain science research throughout the human-serving sector to create lasting change and policy.

The goal is to improve the lives of children and families in Fort Bend County, by focusing on resilience and the social and emotional well-being of children.

Through this grant, Behavioral Health Services is working to promote positive experiences for children and families to foster healthy childhood development despite the adversity common in so many families. BHS promotes access opportunity and prosperity, by ensuring diversity, equity and inclusion are central to all programs.

The grant is generously funded by the Episcopal Health Foundation and Powell Foundation. The cohort period is April 2021 through June 2023.

Purpose of the Grant:

- ◆ Communicate how the brain develops and how trauma can affect the brain's architecture
- ◆ Translate brain science concepts into programs, practices and policy change
- ◆ Increase an understanding of the kinds of interventions that work to prevent and overcome Adverse Childhood Experiences
- ◆ Improve outcomes for children and families in Fort Bend County
- ◆ Ensure Brain Science and racial equity concepts are embedded into ongoing professional development and trainings
- ◆ Promote access, opportunity and prosperity by ensuring that diversity, inclusion and equity are central to all programs
- ◆ Partner with community stakeholders to strengthen safe nurturing families



For more information contact: Behavioral Health Services 281-238-3079

[Behavioral Health Services | Fort Bend County \(fortbendcountytexas.gov\)](https://www.fortbendcountytexas.gov)

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Adverse Childhood Experiences Affect Brain Development.



- ◆ The greater the number of traumatic events, the greater the damage to the brain.
- ◆ Neuroscientific changes that occur to the brain as a result of trauma can increase stress, anger and impulsivity. This inhibits youth from engaging in effective coping and problem solving.
- ◆ Extreme trauma can have significant impact on the brain. In severe cases it can cause a loss of brain cells, damage to brain cell connections, an enlargement or shrinking of certain parts of the brain, hyperactivity of certain parts of the brain, delay certain aspects of brain maturation, and diminish the ability for one to self-regulate.

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Resilience can bring back health and hope.

Trust Based Relational Intervention (TBRI®) and Trauma-Informed Care can heal harmed children by centering on learning trust and building emotional connections to help children cope with the world around them.

Fort Bend County

Behavioral Health Services

has developed a TBRI® Collaborative to train our partners with the strategies of TBRI®

Past training attendees include:

CASA, Child Advocates of Fort Bend, School Districts, Parks Youth Ranch, CPS, Judges and Attorneys, Crisis Intervention Team, Faith Based Organizations, Law Enforcement, and Community Members.



*All children can heal
from trauma.*

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