### Behavioral Healthcare Clinic Locations

Texana Behavioral Healthcare

Clinic at Bay City 400 Avenue F Bay City, TX 77414 (979) 245-9231

### **Texana Behavioral Healthcare**

Clinic at Brookshire 535 FM 359 South Brookshire, TX 77423 (281) 375-5300

### **Texana Behavioral Healthcare**

Clinic at Columbus 1460 Walnut Columbus, TX 78934 (979) 732-6204

#### Texana Behavioral Healthcare Clinic at Rosenberg

4910 Airport Avenue, Bldg A Rosenberg, TX 77471 (281) 342-6384

### Texana Behavioral Healthcare

<u>Clinic at Sugar Land</u> 2535 Cordes Drive Sugar Land, TX 77479 (281) 276-4400

Texana Behavioral Healthcare Clinic at Wharton 3007 N. Richmond Road Wharton, TX 77488 (979) 532-6100

## Basic Facts About Mental Health

- About 1 in 5 adults (ages 18 and older) has a diagnosable mental illiness. (National Institute of Mental Health)
- Mental illnesses are more common than cancer, diabetes, or heart disease. (U.S. Surgeon General's Report)
- Half of mental health conditions begin by age 14, and 75% of mental health conditions develop by age 24. The normal personality and behavior changes of adolescence may mimic or mask symptoms of a mental health condition. (National Alliance on Mental Illness)
- Suicide is the 10th leading cause of death in the United States for all ages and the 2nd leading cause of death among people ated 15-34. (*CDC*)
- Major depression is one of the most common mental illnesses, affecting 6.7% (more than 16 million) of American adults each year. (*Substance Abuse and Mental Health Services Administration*)
- Depression can occur to anyone, at any age, and to people of any race or ethnic group. Depression is never a "normal" part of life, no matter what your age, gender or health situation. (Mental Health America)
- Studies show that people with mental health problems get better and many recover completely. Recovery refers to the process in which people are able to live, work, learn, and participate fully in their communities. (Mental Health.gov)

Texana Center is a 501(c)3 public, not for profit organization that provides behavioral healthcare and intellectual & developmental disabilities services to residents of a six county area that includes Austin, Colorado, Fort Bend, Matagorda, Waller and Wharton Counties and covers about 6,000 square miles. Texana provides a safety net to over 912,000 citizens and serves over 15,000 clients each year, including over 5400 children who need our care.

Texana Center is the Local Mental Health Authority (LMHA) for the six counties above. As the LMHA, Texana Center plans, coordinates, administers or supervises services to ensure the provision of community-based mental health services for patients and their families.

Services are offered to all individuals and their families regardless of race, ethnicity, income, type or extent of disabling condition or physical illness.

## 24-Hour Crisis Hotline (800) 633-5686

For more information about our services, visit our website at: www.texanacenter.com







# **Behavioral** Healthcare Services





# BEHAVIORAT

# Healthcare Services

Although not a state agency, Texana Center provides state funded services through a contract with the Texas Health and Human Services Commission (HHSC) following the Texas Resilience and Recovery (TRR) model of service delivery. This model of service delivery is built on evidence-based interventions aimed at promoting recovery and resilience of individuals with mental illness. A primary aim of TRR is to use these evidence-based interventions to eliminate or manage symptoms and promote recovery from psychiatric disorders. The intent is to provide the right service to the right person in the right amount to achieve the best outcome.

These state funded services are available to eligible adults with serious and persistent mental illness and serious emotionally disturbed children and adolescents who meet the eligibility criteria.

Texana Center also provides services to individuals with Medicare, Medicaid, and some managed care plans.

Texana Center provides services to residents of Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton Counties. Services are provided in outpatient clinics serving each of these counties and in the community as required by the various TRR levels of care. Our Mission: To deliver life changing services to people with behavioral healthcare issues.

### Children, Adolescent and Adult Services:

- 24-Hour Crisis Hotline
- Crisis Intervention Services
- Mobile Crisis Outreach Team Services
- Screening & Eligibility Assessment Services
- Information, Education and Referrals
- Case Management
  - Routine Case Management
  - Intensive Case Management (Wraparound Services for Children & Adolescents)
- Psychiatric Evaluations
- Psychiatric Medication Management
- Provision of Medication
- Rehabilitative Services
  - Skills Training & Development Services
  - Medication Training & Support Services
  - Psychosocial Rehabilitation Services (Adults only)
  - Supported Housing (Adults only)
  - Supported Employment (Adults only)
- Family Partner Services (Children & Adolescents only)
- Peer Specialist Services (Adults only)
- Counseling Services



### **Specialized Adult Services:**

- Assertive Community Treatment
- Texas Correctional Office on Offenders with Medical or Mental Impairments (TCOOMMI) Program for Eligible Offenders on Probation\*

### Specialized Children and Adolescent Services:

- Texas Correctionals Office on Offenders with Medical or Mental Impairments (TCOOMMI) Program for Juveniles\*
- YES Waiver (Youth Empowerment Services)

### \*Not available at all locations

# Children Adolescents Adults

