

“A Comfortable, Welcoming Place”

The 22-bed Crisis Center is for people struggling with suicide, depression, bipolar, schizophrenia and other mental health issues. It consists of two units: the Crisis Residential Unit and the Extended Observation Unit. Services are funded through a federal grant for low income, indigent and Medicaid clients.

The facility is not a walk-in center. The process for admission starts with a call to the

Texana Center Crisis Hotline
1-800-633-5686 OR 9-1-1

The crisis hotline is operational 24/7 and staffed with experienced qualified mental health professionals trained to screen calls for routine, urgent, and emergency mental health crises. The hotline professionals can set up a screening with Texana’s Mobile Outreach Crisis Team (MCOT).

MCOT is responsible for all admission screenings to the Texana Crisis Center.

Upon admission, an individual treatment plan is created focusing on stabilizing and providing treatment specific to meet the needs of the patient. The goal is always to help the patient first recover from the crisis in the least restrictive environment and then, provide ongoing support through outpatient services and community involvement to prevent future crisis and relapse.

FROM FORMER RESIDENT:

“I was in a very dark place when I came here and now I am in a much brighter place. Not stable per se, but on the right track with all the services I am getting.”

Texana Center is a 501(c)3 public, not for profit organization that provides behavioral healthcare and intellectual & developmental disabilities services to residents of a six county area that includes Austin, Colorado, Fort Bend, Matagorda, Waller and Wharton Counties.

Texana Center is the Local Mental Health Authority (LMHA) for the six counties above. As the LMHA, Texana Center plans, coordinates, administers or supervises services to ensure the provision of community-based mental health services for patients and their families.

Services are offered to all individuals and their families regardless of race, ethnicity, income, type or extent of disabling condition or physical illness.

24-Hour Crisis Hotline
(800) 633-5686

For emergency services, contact
9-1-1

In Fort Bend County, ask for the
Crisis Intervention Team

For more information about our services,
visit our website at:

www.texanacenter.com

Texana Main Campus
4910 Airport Ave, Bldg B
Rosenberg, TX 77471



Behavioral Health
Crisis Center



TEXANA CRISIS CENTER

Our Mission:

To deliver life changing services to people with behavioral healthcare issues.



Crisis Residential Unit

The Crisis Residential Unit (CRU) is a short term mental health, crisis stabilization program for adults who are not in immediate risk of harm. It is a voluntary unit, although there is an evening curfew to ensure client safety. The goal is to help residents return to the community on a path towards recovery.

This unit provides a safe environment with trained and supportive staff available to talk and assist with goals. A psychiatric evaluation is completed at admission and after that residents see the psychiatrist once every 7 days, or more as medically justified.

It is an opportunity to be part of a caring mental health recovery community. Residents are expected to participate in scheduled groups, activities, and assist with unit upkeep.

Crisis Residential Unit services include:

- Case management and advocacy including help with obtaining community supports and housing
- Individual, group and family therapy
- Substance use assessments and relapse prevention skills
- Medication and Health Education
- Peer support services
- Referrals to outpatient treatment or substance abuse rehab
- Skills training / coping skills
- Comprehensive discharge planning

ADMISSION REQUIREMENTS:

- All admissions are through the Texana Mobile Crisis Outreach Team (MCOT)
- To obtain an MCOT screening, you can call the **24-Hour Crisis Hotline at 1-800-633-5686 or 9-1-1**
- Adults over 18 years of age
- Medicaid or Indigent (no private insurance)
- Medically cleared and assessed as needing short-term stabilization

WHAT TO BRING:

- **WE PROVIDE:** toiletries, scrubs & access to phone
- **YOU CAN BRING:** change of clothes, reading material, phone numbers & non-psychiatric medications
- **PLEASE LEAVE BEHIND:** valuables, food, cell phone & any weapons

TEXANA IS A NON-SMOKING FACILITY

- **WE PROVIDE:** nicotine gum or patch & smoking cessation information and coping skills



Extended Observation Unit

The Extended Observation Unit is a secure unit designed to provide emergency stabilization and assessment to individuals in behavioral health crisis. It is a supervised environment with psychiatric nursing and clinical care. This is a lower level of care than a psychiatric hospital and is not designed to manage aggressive or extremely psychotic clients. The focus is psychiatric and not medical care.

Residents on this unit see a psychiatrist daily with an emphasis on medication management and stabilization. Therapists and case managers are available to work on a crisis recovery plan, crisis therapy and family education. A LCDC is available to provide substance use assessments and relapse prevention services. Discharge planning includes linkage to aftercare services, a clinic aftercare appointment and if appropriate discharge medications.

The expected length of stay is 48 hours under an Emergency Detention Order, except on weekends or legal holidays. Voluntary admission can be extended beyond 48 hours based on client needs.

