# Specialized Intervention and Treatment Services (continued)

The Psychology and SAS Divisions provide additional specialized intervention and treatment services when needed or requested.

#### These may include:

- Family Support Group in Arcola
- Parent Counseling
- Family Clarification and Reunification
- Individualized Intervention Planning
- Fitness to Proceed Psychological Evaluations
- Fitness to Proceed Education Classes
- Certification and Transfer Psychological Evaluations
- Psychoeducational Training for Probation and Detention Staff
- Community Outreach
- Intensive Substance Abuse Services

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# The Psychology and Substance Abuse Divisions

at

Fort Bend County
Juvenile
Probation
Department &
Detention Center



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## Psychology and Substance Abuse Services (SAS) Divisions

The Psychology and Substance Abuse Services (SAS) Divisions at the Fort Bend County Juvenile Probation Department focus on empowering youth and their families. Psychology and SAS staff are licensed mental health and chemical dependency professionals trained to provide individual, group, and family counseling services for youth and families who are involved with the Juvenile Justice System. The services include counseling, specialized treatment and rehabilitation, crisis intervention, substance abuse intervention, and forensic evaluation services. Psychology and SAS staff also provide consultation services for youth, families, probation officers, and court officials.

The Psychology and SAS Divisions receive referrals from juvenile probation officers and Honorable Judges. The intervention and rehabilitation services are provided during a youth's stay in detention, as a condition of release, and during supervised probation.

Psychology staff also provide Mental Health On-Call services for youth in the Fort Bend County Juvenile Detention Center, and the Psychology and SAS Divisions also serve as a professional training site for graduate students who are completing academic and field placement licensure requirements.

# Psychology and Substance Abuse Services Programing

The Juvenile Justice Alternative Education Program (JJAEP) and the Juvenile Leadership Academy (JLA)

are two programs designed to maximize education and rehabilitation services for the youth in the juvenile justice system. Youth placed in the JJAEP (Arcola or Rosenberg sites) attend academic classes and receive specialized counseling services from Licensed Professional Counselors (LPC) and Licensed Chemical Dependency Counselors (LCDC).

Youth who are adjudicated into JLA are placed in a residential dorm, and he or she must earn the privilege of returning home on ankle monitor by demonstrating rule compliance and safe behavior. Youth in JLA attend school at a JJAEP site, and they also receive individual, group, and family counseling, as well as substance abuse intervention services.

## Psychology and SAS Services

- Individual Counseling, Group Counseling, Family Counseling, and Safety Planning
- Substance Abuse Intervention
- Consultation services for parents and court personnel
- Mental Health On Call and Crisis Intervention Services
- Counseling services provided at schools in the community
- Forensic Evaluations and Substance Abuse Assessments for the court system
- Expert Court Testimony
- Specialized Intervention and Treatment Services
- Intervention program development

#### Specialized Intervention and Treatment Services

Aggression and Violence Intervention Program (AVIP) group meets on Monday evenings from 5:45–7:00 pm in Richmond or Thursdays from 5:30–6:30 pm in Arcola.

*Alcohol and Drug (AOD)* group meets Tuesdays in Richmond from 5:30–6:30 pm or Thursdays in Arcola from 5:00–6:00 pm.

Creating Opportunities through Rehabilitation and Empowerment (CORE) group meets in Richmond on Tuesdays from 5:30–6:30 pm.

*Sexual Treatment Offender Program (STOP)* group meets on Wednesdays in Richmond from 5:45–7:00 pm.

Intensive Supervised Probation Counseling (ISP) group meets on Wednesdays in Richmond from 5:30–6:30 pm or when needed in Arcola.

*Healthy Boundaries Counseling (HBC)* group meets in Richmond on Thursday evenings from 6:00-7:00 pm.

*First Offender Intervention Program (FOIP)* group meets on Mondays in Richmond from 5:00–6:00 pm (high school) or Thursdays from 5:00–6:00 pm (junior high school).

*Grief and Loss (GnL)* group meets in Richmond on Thursdays from 5:30–6:45 pm.

Substance Abuse Prevention Program (SAPP) group meets on Saturdays in Richmond from 10am—12 noon.

*Detention counseling groups* are designed to address substance abuse and improve interpersonal skills.

These intervention services are also provided to youth and families when warranted:

*Trauma Resolution Counseling* is focused on recovery from past trauma.

*Theft Aversion Counseling* is designed to address theft. behavior.

*The Bridge Program* is designed for families who are reunited after separation due to residential placement.